#### S S R S B S C H O O L S P L U S AND THE RCMP PRESENT

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# YAC Update

Youth Advisory Committee

## Who are YAC?

YAC is a group of youth grade 8 and up representing many communities in the South Shore Regional School Board. The youth are a mixture of young people from diverse backgrounds. Youth who may have barriers to getting involved in their communities yet have an interest in doing so are nominated to be part of the group.



## **November:**

In November Michael Graves from the United Way came to speak to the youth about how they can make a difference through volunteering to Rake it,& Plow it Forward. After this several youth volunteers to Help with the Whimsical **Christmas Store a local** Fundraiser.



## Our 2016-2017 Mission: Connect to Community

Learn about Organizations & share the Information we gather with other vouth

Visit a variety of organizations in our community so we know what they offer Then share that information.

#### Skill building:

Volunteer to help in those organizations and build skills that lead to better selfconfidence. Explore our interests and discover we can make a difference

#### Make a Difference:

Youth will engage in the community and volunteer or take part in programs that interest them



Freeman House

## January:

YAC visited the YMCA Youth Centre to learn about their programs and how they can become involved. Then they proceeded to Freeman House to learn about the Programs they offer for Youth and Participate in a Health Focus Group regarding Youth Health YMCA Youth Centre



February: Youth were given a Tour of Second Story Women's Centre and learned about the services they offer and how youth can volunteer. They then received the hands on experience of being a Fire Fighter at the Lunenburg District Fire Department, including wearing bunker gear, breathing apparatus, spraying a fire hose and using tools to see in the dark.



